



Timetable

St Mary's University | Residential



	SUN	MON	TUE	WED	THUR	FRI	SAT	
8.00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00	Arrivals/ Departures	Induction	Assembly	Assembly	Assembly	Assembly	Full-day Excursion	
9.10			Lessons	Lessons	Lessons	Lessons		
10.40	Activities	Break	Break	Break	Break	Break		
11.00								Level Test
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
14.00	Arrivals/ Departures	School Tour & Walk to Town	Half-day Excursion	Assembly	Half-day Excursion	Assembly		
14.10				Activities		Optional Academic		Optional Half- day Excursion
18.00	Dinner	Dinner		Dinner		Dinner		Dinner
19.00	Assembly	Assembly		Assembly		Assembly		Assembly
19.10	Treasure Hunt	Disco	Movie Night	Bigger, better, best	Bingo	Karaoke		
22.10	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting		
	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time		
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out		

WEEK 1

	SUN	MON	TUE	WED	THUR	FRI	SAT	
8.00	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.00	Activities	Optional Academic	Half-day Excursion	Assembly	Half-day Excursion	Assembly	Full-day Excursion	
9.10				Optional Academic		Activities		Optional Academic
10.40	Lunch	Lunch		Lunch		Lunch		Lunch
11.00								
12.30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
14.00	Activities	Assembly	Boat Disco	Assembly	Sports Competition	Assembly		
14.10				Lessons		Lessons		Lessons
15.30	Activities	Break		Break		Break		Break
16.00								
18.00	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner		
19.00	Assembly	Assembly	Assembly	Assembly	Assembly	Assembly		
19.10	X-Box Sports	Game Show	Talent Show	Casino & Auction	Certificates & Themed Disco			
22.10	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting	House Meeting		
22.30	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time	Bed Time		
23.00	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out		

WEEK 2

Key

- Assembly
- Excursion
- Arrivals / Departures
- Lessons
- Optional Excursion
- House Meeting
- Activities
- Meal Times / Break
- Bed Time

Please note that this is a sample programme and is subject to change



ACTIVITIES

SPORTS

Football, Basketball, Volleyball, Tennis, Badminton, Baseball, Cricket, Rugby, Indoor Hockey, Table Tennis, Pool/Billiards, Dodgeball, Sports Competition and Gladiator Contest.

NON-SPORTS

Art Café (T-shirt painting, glass painting etc.), Internet Café, Quizzes, Themed and Blind Date Discos, Karaoke, Treasure Hunt, Dance, Drama, DVD/Video Night, Indoor/Board Games, X-Box Games, Casino & Auction Night, Talent Show.

EXCURSIONS

FULL-DAY

Camden Market & Buckingham Palace, Oxford College & Castle Tour, Windsor & Eton, Thorpe Park.

HALF-DAY

West End Walk & Thames Cruise with Disco, Science & Natural History Museums, Hampton Court, Winchester, Kensington Palace, Kew Gardens.

OPTIONAL EXCURSIONS

FULL-DAY

Thorpe Park, Portsmouth, Stratford-Upon-Avon, London Eye & Madame Tussauds.

HALF-DAY

The Tower of London, The London Dungeons, Stadium Tours (Chelsea & Twickenham).

ACADEMIC

OPTIONAL ACADEMIC ADDITIONS

Intensive English, Trinity GESE Exams, One-to-One Lessons.

NOTES

- The first Sunday relates to the arrival or departure day for all students.
- Students can arrive on any Sunday during the course and stay for 1, 2, 3 or 4 consecutive weeks within the 8 week programme.
- Students will receive induction and a level test on their first day of lessons.
- Lessons = 20 x 45 minute classes (15 hours of lessons per week). Lessons may be in the morning or afternoon.
- On their first Monday, students will receive a tour of the school before joining the walk into either Twickenham, Richmond or Kingston.
- Long Stay Student implies 3 or 4 week courses. Students will never do the same excursion twice, unless requested.
- Excursions (unless optional) are included in the cost of the course and must be attended unless illness or injury prevents.
- A packed meal (sandwich, water, crisps, snack and one piece of fruit) is provided for all included excursions and pre-booked optional excursions. Optionals must be booked at least 48 hours in advance to guarantee a packed meal.
- Optional excursions are half-day or full-day at an additional cost, and must be booked and paid for by the student prior to their commencement. Please see our Excursion Schedule for more details.
- Optional Academic refers to any additional supplementary lessons selected for the student. The time may be changed to suit the programme but will never be held at the same time as an included excursion.
- Where a student does not choose to take up an optional excursion, there will always be activities on site, supervised by LAL staff.
- On students' final Saturday, they will be asked to complete documentation and pack their luggage. Activities will proceed as normal for all other students.